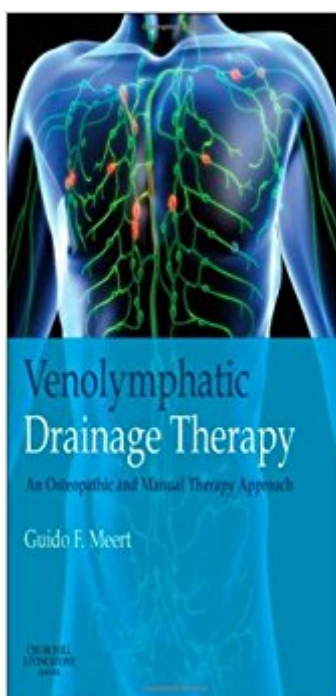


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# Venolymphatic Drainage Therapy: An Osteopathic And Manual Therapy Approach, 1e



## Synopsis

Prepared in an easy-to-follow, practical format, *Venolymphatic Drainage Therapy: an Osteopathic and Manual Therapy Approach* explores the anatomy, physiology, embryology and biomechanics of the venolymphatic system and also presents a variety of effective treatment options which range from the treatment of functional disorders of the diaphragm, the intraosseous fluid system, the spleen, liver and gallbladder, kidneys and ureters to the management of problems connected with the abdominal mesenteries and abdominal organs. Richly illustrated with an abundance of artworks and photographs throughout, this volume will be ideal for osteopaths, chiropractors, physical therapists, physiotherapists and massage therapists worldwide. Clear writing style, excellent organisation and the effective use of line drawings, photographs and tables make learning easy. Explains the causes of oedema and its subsequent physiological pathway, including the role of the excretory organs in its dissipation. Uniquely explores the importance of the deep lymphatic and venous systems in the context of treating lymph disorders via physical methods. Explores the treatment of oedema arising from deep venous and myofascial obstruction. Demonstrates how enhanced lymphatic flow may improve pharmacokinetic activity. Presents a philosophy of 'gentleness' which emphasises patient centred individual and holistic care. Designed to enhance clinical decision making and technical skills which will allow the practitioner to develop an effective and safe treatment approach. Ideal for experienced practitioners as well as those taking undergraduate and postgraduate courses in manual and related therapies.

## Book Information

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## Customer Reviews

Guido F. Meert (physiotherapist and osteopath) is currently working in practice in Roding, Bavaria, Germany. Guido is also a lecturer and Director in charge of osteopathy at the Deutsche Fortbildungsinstitut für Osteopathie (DFO, training institute in osteopathy for practitioners in medicine, physiotherapy, massage and CAM manual therapies). Guido is the author of an osteopathy book published in German on the pelvis, *Das Becken aus osteopathischer Sicht* (Elsevier, Urban & Fischer 2006) and on venolymphatic craniosacral osteopathy, 'Venolymphatische kraniosakrale Osteopathie' (Elsevier, Urban & Fischer 2012).

Studying and understanding bio fluid mechanics for a manual therapist is optional. But it shouldn't be. This book explains why it is important to consider fluids and how to affect their mechanics correctively. I highly recommend this book for any therapist working with multi system body.

Guido Meert's comprehensive approach to the flow of fluids within our tissues is a must-have for any manual therapist. Though I work in the myofascial system and was initially put off by the title concerning lymphatic drainage, which is not my primary interest, I was blown away when I cracked the book and saw what a thoughtful, fulsome, and total-body approach Dr Meert has accomplished with this book. No matter what your modality, you will find many interesting 'aha's' in this book relating to organ work, craniosacral, neural freeing, as well as a very practical guide to useful techniques for keeping the fluids flowing. We are 2/3 water - and this book is a 360 degree guide to both our fluids and their flow. Get it.

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